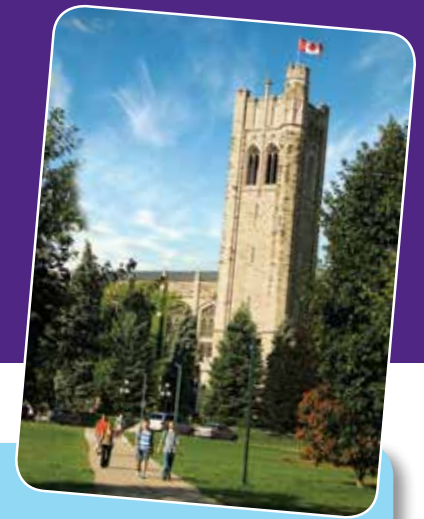


Welcome to Western University

From the International and Exchange Student Centre



Dear International Graduate Student,

Greetings from Western University! Our faculty, students and staff, along with the City of London, are excited to meet and welcome you in September.

On behalf of Western International, we welcome you to London and Western University. As part of the Western International team, the International and Exchange Student Centre is here to help you prepare and transition to life in Canada and at Western.

We are committed to making your experience at Western as enriching, rewarding, and successful as possible. That commitment starts before you arrive by providing information and support as you prepare for your arrival at Western.

Should you have any questions, please contact us. We are here to help.

We look forward to meeting you upon your arrival at the university and wish you every success at Western!

Welcome from all of us at IESC,

Rose Aquino

Director

Earl Blaney

International Transitions Advisor

Francesca Mancuso

International Transitions Program Coordinator

Sandra Pehilj

International Student Advisor

Fabiana Tepedino

IESC Programs Coordinator

Melissa Walters

Internationalization Programming Coordinator

International Student Orientation Day 2015

Monday, September 7, 2015

Register online!

www.iesc.uwo.ca/orientation

Join us for a full day of orientation.

Orientation Day offers a great opportunity to meet new people and learn more about life at Western and in London.

Topics include:

- Tips for your first few weeks in Canada
- Canadian culture
- Government regulations and procedures
- Student life and navigating campus
- Housing tips and living with roommates
- IESC programs and services

We will also have Academic and Writing workshops in September!



Preparing to Come

Checklist of items to bring

Carry the following things with you when you travel to Canada and be prepared to show some of them to the Canadian Immigration officials when you enter Canada (e.g., at the airport). Do not pack these documents in your checked luggage.

- Valid Passport and Canadian Temporary Resident Visa (if applicable).
- Letter of Introduction issued by the Canadian Visa Office that approved your Study Permit application. Submit this letter to a Canadian Immigration Officer when you arrive at the border to obtain your actual Study Permit.
- Supporting documents (e.g., copy of acceptance letter, transcript, proof of funds, marriage certificate, etc.).
- Medical and immunization (vaccination) records, medical prescriptions and medications.
- Money and a credit card. You should have access to at least enough money for your immediate needs (e.g., food and accommodation for your first week).
- List of important phone numbers.

To prepare for your arrival and for a complete list of things to bring with you to Canada, view our detailed online guide: www.iesc.uwo.ca/prearrival

Toronto Airport Greeting

If you will be flying into the Toronto Pearson International Airport between **August 20 and September 5**, look for the Toronto Airport Welcome Booth. The booth will be located outside the baggage claim area at Terminal 1 and Terminal 3. Pick up a free gift bag and make a free international call home between 7 a.m. - 11 p.m.

Western Liaison Officer, **Betty Chang**, will be at Pearson International Airport between **12 and 8 p.m. on Thursday, September 3** to greet and assist you.



When You First Arrive

Checklist of things to do



- Visit the IESC to pick up your Orientation Package and International Student Handbook
- Show your Study Permit to the School of Graduate and Postdoctoral Studies (SGPS)
- Pick up your WesternOne student card
- Pick up your bus pass
- Meet with your supervisor and graduate assistant
- Print your UHIP (health insurance) card
- Open a bank account
- Pay any outstanding tuition fees
- Set up your phone and internet

For a complete list of things you will need to do when you first arrive at Western, view our detailed online guide: www.iesc.uwo.ca/prearrival

When You First Arrive

International Student Reception Service

What is it?

The **International and Exchange Student Centre (IESC)** provides a Reception Service especially for new international students. We are here to answer any questions you may have and to help you get organized and settled at Western and in London. The service includes individual assistance from our IESC Welcome Team & IESC staff. Please come and pick up your **FREE International Student Orientation Package and Handbook**.

When you pick up your International Student Orientation Package enter for a chance to win a Western prize.

Where do I go?

Come to the International and Exchange Student Centre, 2nd floor, International & Graduate Affairs Building.



Monday, August 31 to Friday, September 11	Monday, September 7	Tuesday, September 8
IESC Welcome Team volunteers are available to meet with you and assist you upon your arrival on campus from 10:00 a.m. to 4:30 p.m.	International Student Orientation Day 10:00 a.m. to 3:00 p.m. Register ONLINE at www.iesc.uwo.ca	Graduate Student Orientation by the School of Graduate and Postdoctoral Studies grad.uwo.ca

***NOTE:** Most Western offices will be closed on Monday, September 7 due to an official holiday (Labour Day). However, the IESC will host the International Student Orientation Day that day.

GradPath

GradPath is your online portal to graduate student professional development programs at Western. It highlights information and resources you will need to succeed at each stage of the graduate journey, from coursework through comprehensive exams, thesis writing and publishing to job searching after graduation. GradPath will lead you to the programs on campus that will help you develop competencies you need to succeed in teaching, research and professional practice.

For more information visit: www.gradpath.uwo.ca



WesternU Mobile App



Download Western's mobile app to have on-the-go access to important information, such as campus maps, up-to-date transit information, upcoming campus event information, and much more!

www.uwo.ca/its/mobile-doc/

Programs and Services

To help you succeed



International Peer Connection Program (IPC)

Be matched with an upper-year Western student and receive assistance and friendly support all year!
iesc.uwo.ca/peer



English Conversation Program (ECP)

Practice conversational English, meet others & learn more about Canadian slang and popular culture in Canada. iesc.uwo.ca/ecp



IESC Transitions Programming

Participate in workshops, information sessions, and discussion groups that will help you learn more about Canadian cultural norms, traditions & opportunities for involvement.
iesc.uwo.ca/events



IESC Events

Join us at our fall events including: Gathering in Gibbons Park, Niagara Falls Trip, Global Café, Thanksgiving Dinner, International Week, Holiday Networking Tea and more! iesc.uwo.ca/events



Porch Light Program

New international female students can meet and connect with women in the London community once per month.
iesc.uwo.ca/porchlight



International Student Advising

Meet with an International Student Advisor for individual assistance with personal, academic, immigration and other concerns.
iesc.uwo.ca/advising



International Student Network

Receive regular email reminders about upcoming events, IESC programs and opportunities on and off campus.
iesc.uwo.ca/network



Tea & Information Session for Spouses

Spouses of international students meet weekly to connect, learn about Canada and discuss topics related to international families.
iesc.uwo.ca/current/your_family



iWellness Website

The iWellness website provides information and advice regarding seven important dimensions of health and wellness for international students.
iwellness.uwo.ca



INTERNATIONAL AND EXCHANGE STUDENT CENTRE

LOCATION: 2nd floor, International & Graduate Affairs Building

OFFICE HOURS: 9:00 a.m. to 4:00 p.m.

TELEPHONE: 519-661-2111 ext. 89309 OR ext. 85908

E-MAIL: iesc@uwo.ca

WEBSITE: www.iesc.uwo.ca



www.facebook.com/uwo.international



@IESCatWestern



Western
International