

Western International

Working in Canada – What You Need to Know

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LAND ACKNOWLEDGEMENT

Western University is located on the traditional lands of the Anishinaabek (Ah-nish-in-a-bek), Haudenosaunee (Ho-den-no-show-nee), Lūnaapéewak (Len-ahpay-wuk) and Chonnonton (Chun-ongk-ton) peoples.

These lands are connected with the London Township and Sombra Treaties of 1796 and the Dish with One Spoon Covenant Wampum.



AGENDA

- **Work regulations for international students**
 - Work on campus (without a work permit)
 - Work off campus (without a work permit)
 - Work as a co-op student or intern
 - Post-Graduation Work Permit (PGWP)
 - Work authorization after completion of study program

Note: This presentation contains accurate information as of the date indicated. For the most up-to-date information on visas and permits, visit [Immigration, Refugees and Citizenship Canada \(IRCC\)](#).

- **Career Services Support on campus**
- **Q & A**

WORK ON CAMPUS (WITHOUT A WORK PERMIT)

You can work on campus if you:

- ✓ Are a full-time student at a DLI
 - ✓ Or if you are a part-time student in your last term **and** you were a full-time student up until your last term
- ✓ Have a valid study permit
- ✓ Have a SIN

Note: Your study permit must have a condition that says you are allowed to work on-campus and you must have started your study program.

How many hours can I work on campus?

- **Unlimited** number of hours from immigration perspective
- **Note:** No more than an average of 10 hours per week for graduate students. Please contact your Program if you would like to work on campus for more than 10 hours/week.

<https://grad.uwo.ca/administration/regulations/4.html>

WORK OFF CAMPUS (WITHOUT A WORK PERMIT)

You can work off campus if you:

- ✓ Are a full-time student at a DLI
 - ✓ Or if you are a part-time student in your last term **and** you were a full-time student up until your last term
- ✓ You are enrolled in a post-secondary program that leads to a degree, diploma or certificate and that is at least 6 months long
- ✓ Have a valid study permit
- ✓ Have a SIN

Note: Your study permit must have a condition that says you are allowed to work off-campus and you must have started your study program.

How many hours can I work off campus?

- **During school terms**
 - You can work up to 20 hours per week.
- **During scheduled breaks**
 - You can work full-time.
 - Must be a full-time student both before and after the break.

NOTE: Graduate programs at Western don't have summer breaks.

ELIGIBILITY FOR A CO-OP WORK PERMIT

<https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/work/intern.html>

a valid **Study Permit**

employment must be an **essential part** of your program

a letter from school

- that confirms all students in your program need to complete work placements to get their degree

Co-op or internship totals **50% or less** of study program

NOTE: You can only use the co-op work permit to work for a university-approved employer and for the required school-related work placement.

POST-GRADUATION WORK PERMIT (PGWP)

ELIGIBILITY CRITERIA—APPLYING FOR A PGWP FROM INSIDE CANADA

You have up to 180 days to apply for a PGWP after completion of program

- You need to have a valid study permit when submitting your PGWP application

Completed a study program

- at an eligible DLI
- at least 8 months long for public post-secondary DLIs
- leading to a degree, diploma or certificate

Maintained full-time student status throughout your program, except:

- Studying part-time only in your final academic session
- Taking approved leave of absence
- Having to stop studying or changing to part-time studies between March 2020 and Fall 2020 due to Covid-19

Received final transcripts AND a PGWP letter

- from Registrar's Office

NOTE:

Don't let your status expire!

Your study permit expires as of the expiry date on the permit **or** 90 days after the day you complete your studies, **whichever comes first.**

You must submit your PGWP application from outside Canada if your study permit expires, even if you have maintained your status as a visitor.

WORK AUTHORIZATION AFTER COMPLETION OF YOUR STUDY PROGRAM (2 WAYS YOU CAN WORK FULL-TIME)

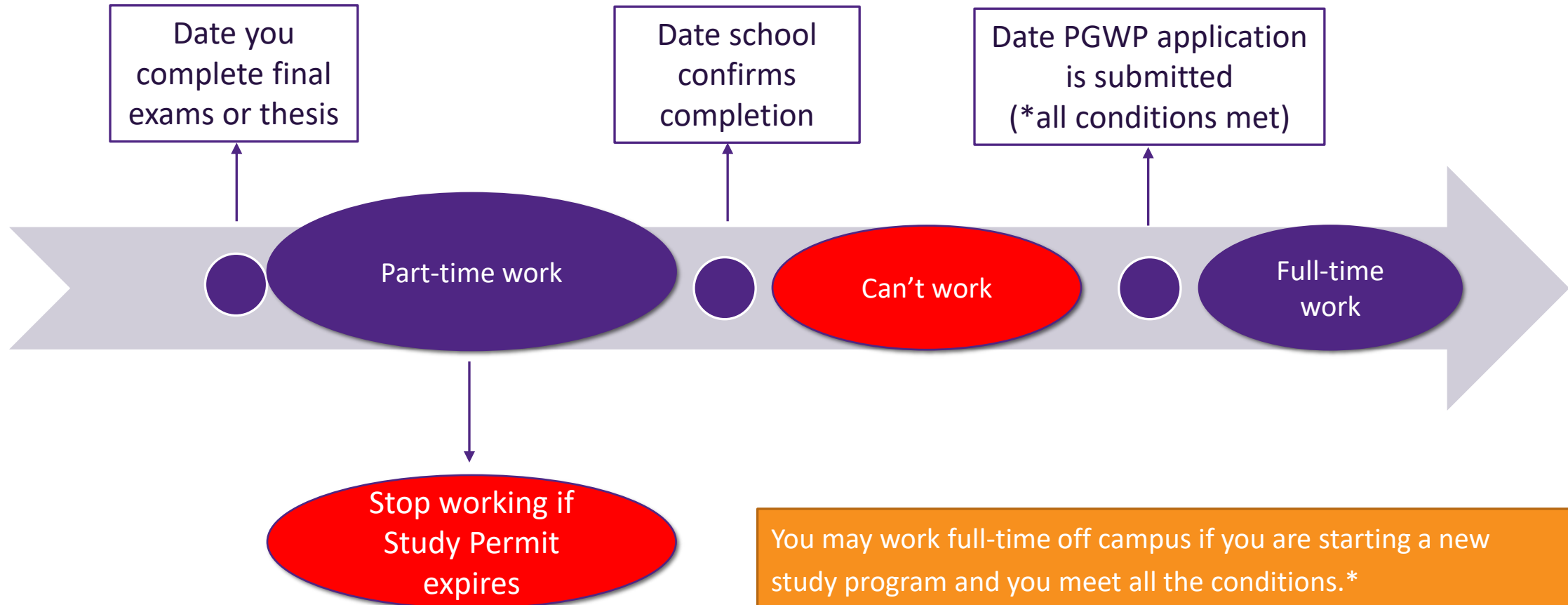
- **If you have applied for a PGWP and you meet all these conditions:**
 - You had a valid study permit when you submitted your PGWP application
 - You have completed your study program
 - You were eligible to work off-campus without a work permit while studying
 - You didn't work more hours than you were allowed to

NOTE: You must stop working the day you are notified by IRCC that your application is refused.

WORK AUTHORIZATION AFTER COMPLETION OF YOUR STUDY PROGRAM (2 WAYS YOU CAN WORK FULL-TIME)

- **If you are starting a new study program and you meet all these conditions:**
 - You have officially completed your study program
 - You were eligible to work off-campus without a work permit while studying
 - You have a valid study permit or you applied to extend your study permit before it expired
 - You **received a letter of acceptance** to a new full-time program at a DLI
 - You will start your new program within **150 days** after you complete your previous program

WHEN CAN I WORK FULL-TIME AFTER I COMPLETE MY PROGRAM?



APPLYING FOR A SIN



❑ Online

- <https://www.canada.ca/en/employment-social-development/services/sin/apply.html>
- You can view your SIN digitally on My Service Canada Account (MSCA) platform **within 5 business days** if your application is complete with all required documents. You will still receive your SIN in mail.

❑ Social Insurance Number Clinic

International and Graduate Affairs Building 2nd floor
Wednesday, September 25, 11am-4:30pm

❑ In person at

Service Canada
Dominion Public Building
457 Richmond Street
London, Ontario

* There is no fee to apply for a Social Insurance Number (SIN).

NOTE: You can continue using your expired SIN while waiting for study permit extension or work permit application decision as long as you are eligible to work. You will need to apply to renew your SIN once you receive your new SP or WP.

YOU **CANNOT** WORK IN CANADA ON YOUR STUDY PERMIT IF

- your study permit says you are not authorized to work on or off campus
- you haven't started your program
- you are a part-time student (unless you're in your final academic session)
- you are on an authorized leave from your studies
- you withdraw from your school
- you are transferring to another school and you are not studying
- you have completed your study program (unless you meet certain conditions)*
- your student status has expired



STUDENT ADVISING

International Student Advising Appointments

- iesc.uwo.ca/appointment

Drop-In Support

- In person Monday to Friday 1- 4 pm, IGAB 2nd floor
- Virtual Immigration FAQ on select Fridays 9:30 - 10:30 am

Workshops & Information Sessions

events.westernu.ca/events/iesc

Office Hours & Reception

- Monday to Friday, 9:00 am - 4:00 pm
- **Phone:** 519-661-2111 ext. 89309
- **Email:** iesc@uwo.ca

Working in Canada

Gaining Experience



Monique Haan

Career Coach,
careereducation@uwo.ca

1

Strategies to successfully gain experience

2

On-campus resources

3

Off-campus resources

Strategies to Successfully Enter the Canadian Job Market

Articulate skills
=> Match to
employer needs

Skill Story Bank

Prepare your
marketing
documents

Know the
application cycle

Career Fair /
Employer Info
Sessions
Profs
Alumni

On-campus
Off-campus

English
conversation
program

Job search sites

**What can
you offer
and what
does
industry
need?**

**Start
early**

Network

**Gain
Experience**

**Access
Resources**

What can you offer? What does industry need?

International students offer...

Unique skills & experiences

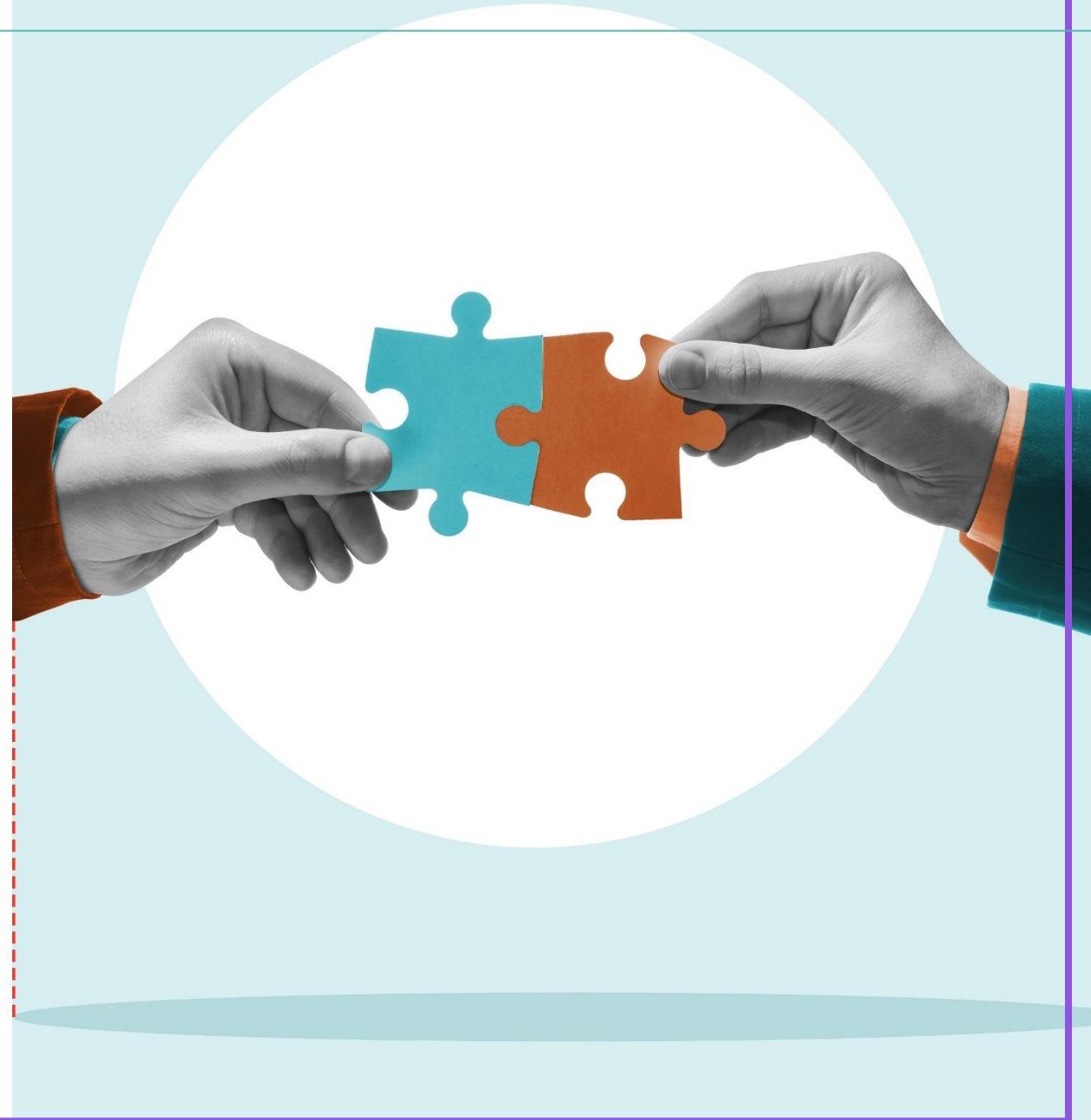
Cross-cultural competencies

Innovative ideas

Sensitivity to diversity

Second language (or more!)

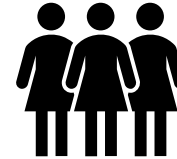
Skills in adjustment & adaptability



Top 10 Skills of 2025



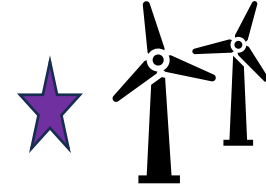
Analytical thinking and innovation



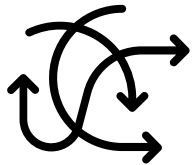
Leadership and social influence



Active learning and learning strategies



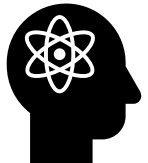
Technology use, monitoring and control



Complex problem-solving



Technology design and programming



Critical thinking and analysis



Resilience, stress tolerance and flexibility



Creativity, originality and initiative



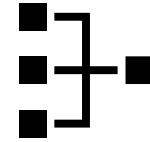
Reasoning, problem solving and ideation

Skills judged to be increasing in importance most rapidly between 2023 and 2027

Top 10 skills on the rise



Creative thinking



Systems thinking



Analytical thinking



AI and big data



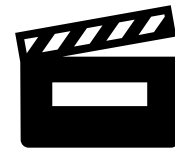
Technological literacy



Motivation and self-awareness



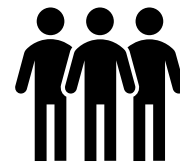
Curiosity and lifelong learning



Talent management



Resilience, flexibility and agility



Service orientation and customer service

Skills Story Bank

Key Skills					
Experiences	Creativity	Technical Skills	Adaptability and Flexibility	Teamwork	Leadership
Education				Example	
Part-time Job		Example			
Volunteering			Example		
Committee member					Example
Event Planning	Example				



Understand Labour Market Needs:



Government
of Canada

Gouvernement
du Canada

[Français](#)

Job Bank

 Sign in ▾

[Job search](#) ▾

[Career planning](#) ▾

[Labour market information](#) ▾

[Hiring](#) ▾

[Help](#) ▾

[About](#) ▾

[Job Bank](#) > [Labour market information](#)

Labour market information

Explore an occupation

Learn about an occupation: available jobs, wages, career prospects, skills, job requirements and more.

Job title

software developer (21232)

Location

London, ON

City, province or territory

Search

Explore the market

▸ Occupation

▸ Wages

▸ Outlooks

▸ Trends and news

LIVE LEARN WORK & PLAY in London!

London's Economic Outlook – Top 5 Sectors



Agri-food – London and area has all the right ingredients for food and beverage processing



Advanced Manufacturing – represents 12% of all employment in the region and includes automation, robotics and state-of-the art technologies



Digital Media & Tech – ideal place to develop new tech products and services prior to launch



Operational Services – professional services (finance, legal, administrative, etc.) to skilled trades



Health & Life Sciences – has over 100 companies and hospitals advancing human health through research, development and commercialization

London's Largest Employers



Largest Employers

Can you name the largest employers in London?

LHSC tops the list with approximately 15,000 employees.

Check out #4!



1. London Health Sciences Centre
2. Thames Valley District School Board
3. St. Joseph's Health Care London
4. Western University
5. TD Canada Trust
6. City of London
7. Canada Life
8. General Dynamics Land Systems Canada
9. London District Catholic School Board



London's Top Sectors – Agri-Food

Agri-Food

90+ companies
7,000+ employed

London is serving up everything from fermented drinks, craft beer, and meat products, to desserts, pizzas, and spices.



London's Top Sectors – Advanced Manufacturing

Advanced Manufacturing

500+ companies

34,300+ employed

From windows, doors, and countertops, to automotive parts and medical packaging, you can find London-made products in your home and in your vehicle.



London's Top Sectors – Digital Media & Tech

Digital Media & Tech

400+ companies

16,000+ employed

Next time you play a mobile or PC game, visit a website, or use a high-tech camera, you may be interacting with content made right here in London by some of the fastest growing companies in North America, as recognized by Deloitte.



London's Top Sectors – Health & Life Sciences

Health & Life Sciences

60+ companies

25,000+ employed

Your health is in good hands in London, whether you're looking for a family doctor, need specialized surgery, or are interested in the latest medical research.

Our companies are advancing human health and putting London on the world stage.



London's Top Sectors – Operational Services

Operational Services

From Professional Services such as financial, legal, administrative, human resources, customer service and marketing communications to Skilled Trades who play a crucial role by building and maintaining infrastructure, there are countless opportunities available in these integral operational support services.



**CHOOSE
LONDON.**

“The early bird gets the worm!”

1. Get involved right from the beginning!
2. Prepare your Marketing Documents
3. Understand the Application Cycle

Start Early



Getting Involved



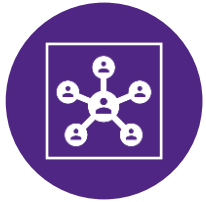
Discover new interests



Build your resume



Apply your studies



Meet people, make friends, build your network



Contribute to the community



Build Canadian experience

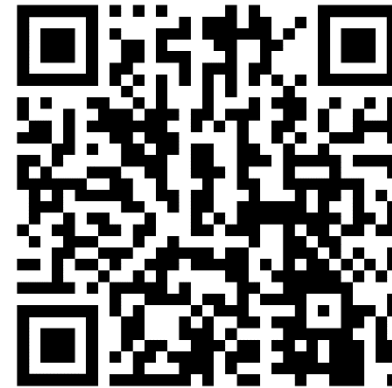


Have fun!

Prepare your Marketing Documents

Tailor your Resume

Customize your Cover Letter



Additional Career Workshops

INTERNATIONAL STUDENT CAREERSUPPORTS

Enhance your career prospects with our tailored workshops and drop-in sessions!

Drop-In Coaching

Bi-weekly on Thursdays from September 12 - December 19

- » 2:00 - 4:00 p.m.
- » IGAB, 2nd Floor

Individual Support



1:1 Career Coaching Appointments



Peer Advising

Fall 2024 Workshops

Personal Branding
November 18 | 12:30 - 2:00 p.m.

Resumes & Cover Letters
November 19 | 12:30 - 2:00 p.m.

Networking
November 20 | 12:30 - 2:00 p.m.

LinkedIn
November 21 | 12:30 - 2:00 p.m.

Interviewing
November 22 | 12:30 - 2:00 p.m.

All sessions take place in the Chu Centre (IGAB)

Additional Workshop Content



Canadian Career Realities
Access virtual recording on OWL.



Wondering how to gain experience that can help you stand out?

Learn about opportunities to get involved and gain work experience both on- and off-campus.



For more information and workshop registration, please visit career.uwo.ca

Awareness of Application Cycle

- **Ongoing!**

- On-campus **paid** opportunities
 - i.e. Apply in Feb-April for a September start
 - Unlimited hrs
- On-campus **volunteer** opportunities
- **Work study**
 - Applications open for a short period in Sept (Sept. 3-15) on student center for the 2024-25 yr (Sept – April) => 200 hrs/student
 - Summer work study applications open at the beginning of May => 200 hrs/student
- Off-campus – positions are always opening up.
 - Limit of 20 hrs/week

- **Internships / Co-ops**

- Faculty-specific deadlines => check faculty website
- i.e. Apply by Oct. 27'24 for Social Science W25/S25/F25 internships



Networking



85%
of jobs are filled through
networking.

Source: LinkedIn

Recruiters find candidates from various places, but referrals remain the most effective source of quality hires.

Source: [Hiring Thing](#)

Start with people you know and then branch out!

Profs /
Fellow
Students



Networking
tool

Employer
Information
Sessions



Western
Alumni

Career Fair

Look to Gain Experience

**Student
Ambassadors /
Peer Leaders**

**Apply on
Western Connect**

**Clubs /
Associations**

**Co-curricular
Record (CCR)**

Working On Campus

Campus
Recreation

Western
Technology
Services

Working at
Western

Western
Connect

Off-campus
Housing

USC

The Spoke

Hospitality

Access Resources

WesternU
English
Conversation
Program

London
Business
Directory

London Events

London Job Search Websites

London Jobs
Hub

London
Health Jobs

London
Manufacturing
Jobs

London Tech
Jobs

Pillar
Nonprofit
Network

WILL
Employment
Solutions

Job Search Websites

[Gov't of
Canada Job
Bank](#)

[Google for
jobs](#)

[Indeed](#)

[CareerBuilder](#)

[LinkedIn](#)

[Eluta](#)

[Jobboom](#)

[Glassdoor](#)

[Monster](#)

[Simply Hired](#)

How we can help



Workshops



**Career Appointments
& Drop-in**



Peer Advising



**Online
Resources**

DESIGN YOUR WESTERN

Digital Career Workbook

Explore the **Design Your Western** digital career workbook to learn how to design your life to fit the kind of future you want to live!



lifedesign.uwo.ca



hirewesternu

CAREER FAIR

Meet with employers.

Design your life.

Tuesday,
October 8

Wednesday,
October 9

10:00 a.m. - 3:00 p.m.
Mustang Lounge, UCC

careerfair.uwo.ca





FREE PROFESSIONAL HEADSHOTS!



UCC 210 | MON - FRI | 8:30 - 4:30

Thank you!



[WesternUStudentExperience](#)



[Careers & Experience
at Western](#)



[WesternUSE](#)



[career.uwo.ca](#)

Q & A

